SCRUTINY COMMISSION – 19 JANUARY 2012

REPORT OF THE OLDER PERSONS SERVICES MANAGER

CARE OF PEOPLE WITH DEMENTIA

1. **PURPOSE OF REPORT**

To provide members with an overview of the work being undertaken across the county and within the borough to deal with predicted increased numbers of older people suffering from dementia.

2. **RECOMMENDATION**

Members note the content of this report.

3. BACKGROUND TO THE REPORT

National Context

The 2007 'Dementia UK' report by the Alzheimer's Society estimated that some 560,000 people in England had dementia, and estimated that that figure would increase nearly 40 percent over a 15 year period. Subsequent reports such as "Living Well With Dementia: A National Dementia Strategy (NDS)' published in February 2009, estimated that the prevalence of dementia was over 700,000 and anticipated that this figure would increase to 1.4 million over the next 30 years.

A key finding of both reports suggest that many sufferers of dementia, an estimated two thirds of people, do not receive any form of formal diagnosis, at any point during their care or progression of their condition. When considering the many definitions of the condition it is perhaps easier to understand why so many sufferers have their condition undiagnosed.

'a syndrome which may be caused by a number of illnesses in which there is progressive decline in multiple areas of function, including decline in memory, reasoning, communication skills and the ability to carry out daily activities. Alongside this decline, individuals may develop behavioural and psychological symptoms such as depression, psychosis, aggression and wandering, which cause problems in themselves, which complicate care, and which can occur at any stage of the illness.' 'Living Well With Dementia: A National Dementia Strategy'

It is widely accepted that early diagnosis and treatment can dramatically improve the quality of life for people with dementia and increase their independence as their condition progresses.

As well as providing awareness of the growing number of people suffering from dementia, the NDS also set out to transform dementia services and identified 17 key objectives, with the specific aims of raising awareness of the condition, earlier diagnosis, and achieving higher quality treatment at whatever stage of the illness.

Responding to the NDS and the predicted increases in dementia sufferers across Leicestershire, the following strategic partners, Leicestershire County Council, Leicester City Council, Rutland County Council, NHS Leicester City and NHS Leicestershire County and Rutland, formed the Dementia Joint Commissioning Group (DJCG), which subsequently went on to develop the 'Joint Dementia Commissioning Strategy 2011 – 2014', to meet the key objectives contained within the NDS, and improve outcomes for dementia sufferers.

To develop the strategy further, the key objectives, were grouped into four strategic themes, each led by a task group, with responsibility for the creation and implementation of action plans against their objectives.

- Increased awareness, early diagnosis and access to care and support services;
- Improved experience of general hospital care and the management of physical health needs of people living with dementia;
- Improved quality of care in residential/nursing homes;
- Personalisation of care and living well with dementia in the community.

Ongoing monitoring of the actions and implementation of the action plans will be carried out by the DJCG, who will subsequently report back to their respective organisations.

Local Context

In line with the national aged population increases, the numbers of people aged over 65 in Leicestershire County and Rutland is expected to rise significantly over the next 20 years (Table 1).

Table 1: Leicestershire County and Rutland population aged 65 and over, projected to 2025.

	2008	2010	2015	2020	2025
People aged 65-69	32,900	36,300	45,000	40,900	43,700
People aged 70-74	28,000	29,300	34,300	42,700	39,000
People aged 75-79	23,300	23,600	26,600	31,400	39,300
People aged 80-84	16,600	17,500	19,700	22,900	27,200
People aged 85 and over	14,600	15,800	18,800	22,900	28,700
Total population 65 and over	115,400	122,500	144,400	160,800	177,900

^{*} Source: www.poppi.org.uk

By 2025 the number of people over the age of 65 who will suffer from dementia across Leicestershire and Rutland is estimated to be 12,728. This increase will have a significant impact on the projected number of people with dementia within the County and locally within the Hinckley & Bosworth Borough.

Table 2 shows in more detail the predicted numbers of dementia sufferers living in the Hinckley and Bosworth local authority area by 2025, whilst Table 3 shows how those figures compare with other local authorities across the county.

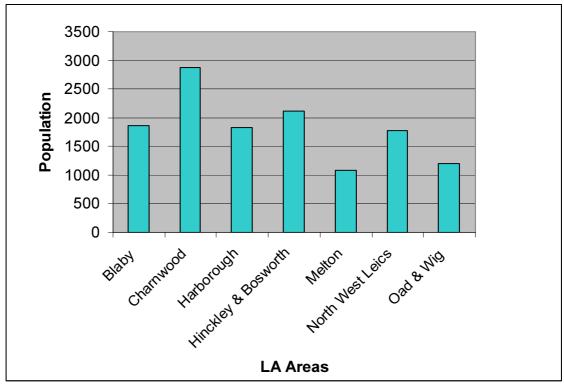
Table 2: People aged 65 and over living in Hinckley and Bosworth, predicted to have dementia by 2025.

Number of people predicted to have dementia	2008	2010	2015	2020	2025
Males aged 65-69	39	44	57	51	53
Males aged 70-74	68	71	84	109	99
Males aged 75-79	87	87	102	122	163
Males aged 80-84	112	122	133	173	204
Males aged 85	138	158	197	256	335
Total males aged 65+	444	482	572	711	854
Females aged 65-69	27	30	39	35	36
Females aged 70-74	53	55	70	89	79

Females aged 75-79	130	130	143	169	221
Females aged 80-84	200	213	226	253	319
Females aged 85 and over	378	403	454	504	605
Total females aged 65+	787	831	931	1,050	1,260
Total population aged 65+	1,231	1,313	1,504	1,761	2,114

^{*} Source -Leicestershire Dementia Profile 2009 - East Midlands Public Health Observatory

Table 3: People aged 65 and over, predicted to have dementia by 2025, according to Leicestershire Local Authority area.



^{*} Source -Leicestershire Dementia Profile 2009 – East Midlands Public Health Observatory

It is clear to see from the data that Charnwood Borough and Hinckley & Bosworth Borough will see the most significant rises over the next 10 – 15 years.

4. MEETING THE NEEDS IN HINCKLEY & BOSWORTH

Hinckley & Bosworth BC has an important part to play in ensuring that residents who currently, and who may suffer from dementia in the future, and their carers, have good, easy access to quality dementia care and support services.

However is important to recognise some of the services already available and delivered by our partners in our local area, which include:

- Day Services;
- Home Care Services;
- GP Services:
- Community Mental Health Teams for Older People;
- Memory Assessment Service
- Reablement Services;
- Hospital and In Patient Services;
- Carer Support Services;

• Residential and Nursing Care Homes.

and the work and services provided by Hinckley & Bosworth BC, which contribute to and provide positive outcomes for older people living in the borough.

- Corporate Plan 2010-2015 with specific aims that will contribute to better services and access to services for older people. (identified in section 9)
- Development of the 'Vision for Older People Living in Hinckley & Bosworth 2011 2015' with actions to:
 - Increase older peoples health by encouraging physical activity.
 - Ensuring easier access to services by promoting services such as the First Contact Leicestershire Scheme
 - Participating in and facilitating forums for older people which enable them to access information, as well as provide feedback and share experiences of local services, i.e. OPEN (Older Persons Engagement Network).
- Development of Housing Strategy 2010-2013 with the following commitments:
 - to work with partners to develop an extra care scheme within the borough.
 - Participate in the county wide review of control centres.
 - Maximise the use of aids and adaptations t allow people to remain in their own home.
 - Working wit Supporting People to identify needs of specific groups and initiatives to meet those needs.
- Contributing to the LCC 'Strategy for Ageing Well in Leicestershire'
- Providing Housing Related Support Services which include:
 - Sheltered Housing
 - Community Alarms/Lifeline services
 - 24 hour Control Centre and Response Service

And continuing to work with Leicestershire County Council with future retendering of Housing Related Support Services.

- Ensuing that Sheltered Housing staff receive regular dementia awareness training, and are able to provide sign posting services to dementia sufferers and their carers.
- Support the Older Voices 'Over 50's' Day, which aims to promote health and well being, by organising an annual event open to older people across the borough. Activities have included information stalls by statutory and voluntary organisations, health therapy taster sessions, art and craft classes, computer workshops, health screening and dance/exercise events.

It is clear that there are significant challenges for all Local Authorities and partners across Leicestershire in meeting the need of dementia sufferers both now and in the future. We look forward to the outcomes of the Joint Dementia Commissioning Strategy, and will ensure that we contribute wherever possible to help achieve its strategic objectives.

7. **LEGAL IMPLICATIONS**

None at this time, as the report is for information and noting only

8. **FINANCIAL IMPLICATIONS**

None at this time, as the report is for information and noting only

9. **CORPORATE PLAN IMPLICATIONS**

Corporate Priority	Aim		
• Safer & Healthier	Vulnerable people are safeguarded		
Borough	 Ensure people have a healthier lifestyle 		
• Strong & distinctive communities	Improve customer access to servicesEnsure that our services meet customers'		
	needsSupport residents to help them to remain in their homes		
	 Older people have improved access to advice and information to support their decision making 		
Decent, well managed and affordable homes	Improve the quality of residents' homes.		

10. **RISK IMPLICATIONS**

None at this time, as the report is for information and noting only

11. KNOWING YOUR COMMUNITY – EQUALITY AND RURAL IMPLICATIONS

None at this time, as the report is for information and noting only.

13. **CORPORATE IMPLICATIONS**

None at this time, as the report is for information and noting only.

Background papers:

Leicester, Leicestershire and Rutland Joint Dementia Commissioning Strategy 2011 – 2014http://politics.leics.gov.uk/documents/s64785/E%20-%20Appendix%20A%20-%20Joint%20Dementia%20Commissioning%20Strategy.pdf

LCC Cabinet Report – 15th November 2011 – Report of the Director of Adults and Communities - Leicester, Leicestershire and Rutland Joint Dementia Commissioning Strategy 2011 – 2014 - http://politics.leics.gov.uk/documents/s64784/E%20-%20Joint%20Dementia%20Commissioning%20Strategy%202011-14%20Covering%20Report.pdf

LCC Extra Care Housing Strategy for Older People 2010 – 2015 - http://politics.leics.gov.uk/Published/C00000135/M00002688/AI00023882/\$FExtraCareHousinginLeicestershireAppendixA.doc.pdf

Living well with Dementia - National Dementia Strategy - http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_094058

Leicestershire Dementia Profile 2009 -

 $\underline{http://www.empho.org.uk/Download/Public/11780/1/Leicestershire\%20\%20Dementia\%20Profile.pdf}$

LCC – Strategy for Ageing Well in Leicestershire Refresh 2010 – 2011http://www.leics.gov.uk/ageing_well_strategy_refresh.pdf

LCC - Housing Related Support Strategy 2010 - 2015 http://www.leics.gov.uk/housing_related_support_strategy.pdf

Hinckley & Bosworth Borough Council Housing Strategy 2010 – 2013 – http://www.hinckley-bosworth.gov.uk/downloads/file/1535/housing strategy 2010-2013

Hinckley & Bosworth Borough Corporate Plan 2010 – 2015 - http://www.hinckley-bosworth.gov.uk/downloads/file/163/corporate plan 2010-2015

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